



# MARY ASTELL ACADEMY

## Medical Information and Guidance Parents and Carers

### Attendance Ladder



## Coughs and Colds

Students should be given paracetamol, plenty of fluids to drink, and can be sent to school. If your child is asthmatic, remember they may need their blue inhaler more often.

## Chicken Pox

Diagnosed by GP. Students can return to school when the blisters have crusted over (usually about five or six days after the appearance of the rash).

## Conjunctivitis

Diagnosed by GP. Students can attend school with conjunctivitis. They should be encouraged to wash their hands regularly to prevent further spread of infection.

## Flu and Swine Flu

Students should return to school once their temperature has returned to normal. 48 hours is the normal time span for this.

## German Measles

Diagnosed by the GP. Students can return to school four days after the rash has developed. If your child has German Measles please let the school know as pregnant members of staff may be affected.

## Hand, Foot and Mouth, Warts, Verrucae and Athletes Foot

Students can attend school.

Verrucae should be covered in changing rooms.

## Headache, Earache and Stomach Ache

Students with headache, earache or stomach ache can attend school.

Give paracetamol and plenty of fluids. Please inform a member of staff that they feel unwell. If the pain persists seek medical advice.

## Head Lice

There is no reason for students with head lice to be absent from school. Treatment can be obtained from any pharmacy and all family members should be treated.

## High Temperature

Students should be given paracetamol and plenty to drink. After taking paracetamol, if your child is feeling better, bring them to school. If your child's high temperature continues for two days or more seek medical advice.

## Impetigo

Students return to school when their lesions are crusted or healed, or two days after starting antibiotics.

## Measles

Diagnosed by the GP. Students can return to school four days after the rash has started.

## Mumps

Diagnosed by the GP. Students can return to school five days from the appearance of the swollen glands.

## Scabies

Diagnosed by GP. Students can return to school 24 hours after first treatment. Others at home **MUST** also be treated even if they do not have any symptoms.

## Sickness and Diarrhoea

Students return to school the day after the last episode of vomiting or diarrhoea.

## Sore Throat, Tonsilitus and Glandular Fever

Students should be given paracetamol, plenty of fluids to drink, and can be sent to school.

## Threadworm

There is no reason to keep a child off school if they have threadworms. Seek medical treatment and ensure good personal hygiene is followed. Others at home **MUST** also be treated even if they do not have any symptoms.

## Whooping Cough

Diagnosed by GP. Students can return to school 48 hours after starting antibiotics. Non-infectious coughing may last for many weeks.

## Medicines in School

Students taking **PRESCRIBED MEDICATION** can still attend school. Please take the medication to Student Services where staff will advise you on the authorisation process for the school to administer it to your child. Please ensure that it is contained in the bottle or box in which it was prescribed.

## Absences

You should notify the school on the **first day** of your child's illness and **every day there after**.

## Contact Information

Ian Stonehouse - Attendance Officer

0191 2674447

[www.maryastellacademy.co.uk](http://www.maryastellacademy.co.uk)

Information from this leaflet was taken from the NHS website

[www.nhs.uk](http://www.nhs.uk)